



AUGUST 2024
NEWSLETTER



THE SUBLETTE INSIDER

Your Guide To What's Going On Inside The Sublette Center



BREAKING NEWS!

SUBLETTE CENTER RECIEVES ACCOLADES FOR BEING AMONGST **THE TOP 5 NURSING HOMES** IN THE STATE OF WYOMING FOR QUALITY MEASURES!



[READ MORE](#)

TOP NEWS OF THE MONTH

>>> READ MORE

August in Pinedale- Our season to enjoy flowers is dwindling! Lucky for us at The Sublette Center, we have a wonderful selection of florals to enjoy including our lovely barrels from our friends at The Sage and Snow Garden Club. Find out where these barrels come from that we see here and around town.

IN BLOOM



THE SUBLETTE CENTER:AWARD WINNING FACILITY PG.1

IN BLOOM: FLOWERS AROUND THE SUBLETTE CENTER PG.3

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The Sublette Center: Award Winning Facility.

THE SUBLETTE CENTER HAS RECEIVED AN AWARD FOR BEING AMONGST THE **TOP FIVE** NURSING HOMES IN THE STATE OF WYOMING FOR QUALITY MEASURES. THIS AWARD REFLECTS SCORES ON 12 MARKERS OF QUALITY, INCLUDING INFECTION PREVENTION, AND STAR RATINGS PER CMS.

IT WAS AWARDED BY MOUNTAIN PACIFIC AND QUALITY IMPROVEMENT ORGANIZATION VIA CENTERS FOR MEDICARE AND MEDICAID SERVICES.



WE WOULD LIKE TO THANK EACH AND EVERY MEMBER OF OUR STAFF FOR THEIR HARD WORK AND DEDICATION TO QUALITY CARE!





Quality Improvement
Organizations

Sharing Knowledge. Improving Health Care.
CENTERS FOR MEDICARE & MEDICAID SERVICES



Mountain
Pacific

INNOVATING BETTER HEALTH

Mountain Pacific is pleased to present the
2024 Quality Awards
to nursing homes in Wyoming.

Excellence in Quality Award

Amie Holt Care Center

Rocky Mountain Care - Evanston

South Lincoln Nursing Center

Star Valley Care Center

Sublette County Health

This year's award criteria were based on a quality measure point system that included preventing infection, decreasing readmissions, improving resident vaccination rates for influenza, pneumococcal and COVID vaccines and a bonus category to recognize the facility's STAR rating. We would like to acknowledge the tremendous work all our nursing homes do to provide quality care to residents across our region.

In Bloom

Janna Lee, (Member of Sage & Snow Garden Club) Shares a little background on the bountiful blooms around The Sublette Center (and Pinedale), as well as a brief history of Sage & Snow Garden Club.



Sublette Center Flowers

Have you noticed the flower barrels in front of the Sublette Center? These flowers are furnished by the Sage & Snow's annual club project. 260 barrels are planted mid-May with bedding plants from Porcupine Nursery. Flowers are placed in the club's hoop houses until late June to mature (and until we are past the hard freezing temps at night). Members place flowers and barrels around town as ordered by local businesses. Barrels are watered and fertilized throughout the summer, in thanks to a partnership with the Town of Pinedale. Many volunteer hours are donated to make this project successful.

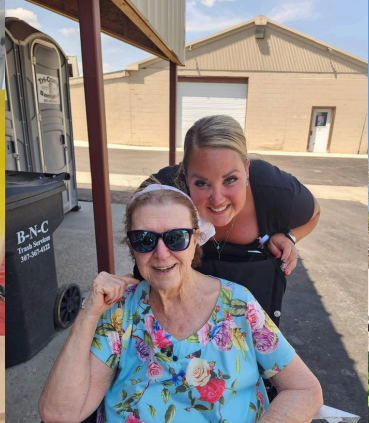
The Sage & Snow Garden Club celebrated 40 years of service in Sublette County last year. The club moved into action starting their first spring by planting flower barrels which were placed along Pine Street. The club quickly took on multiple plantings to make Pinedale beautiful—planting over 150 seedling pines in the town parks and hundreds of plants at the Sublette Center. The volunteer spirit of the gardening club continues today as we strive to fulfill our mission of education, beautification of the community, and raising the awareness of citizens of any age to the joys and rewards of gardening.

Gardening can be a life-long way to stay active. Whether you grow flowers or a vegetable garden, time working outdoors in the dirt can provide many benefits to your health. Gardening can reduce stress, improve your mood, stimulate your mind and body, and provide healthy foods for nourishment. Gardening is a wonderful activity for individuals of all ages. In fact, it is a great way to connect to other gardening enthusiasts of any age--Happy Gardening!

-Janna Lee, Member, Sage and Snow Garden Club

SUMMER FUN

RESIDENTS AND STAFF ENJOY MUSICAL PERFORMANCES, PAINTING AND MANY LOCAL ACTIVITIES INCLUDING THE COUNTY FAIR, RENDEZVOUS DAYS, AND A PICNIC!



Beat on The Street

Question to residents and staff: What is your favorite plant or flower?

**“RIGHT NOW, I, MYSELF, AM A SEED, AND I’VE MADE AN AGREEMENT WITH GOD THAT I WOULD PLANT MYSELF AND BE POSITIVE EVERY DAY.”
-NORMA W.**



**“I LIKE DAISIES. WELL, DAISIES OR WILDFLOWERS ARE MY FAVORITE. I MISS WHEN I WAS YOUNGER SEEING FIELDS OF WILDFLOWERS AND BEING ABLE TO WALK THROUGH THEM.”
-MAGGIE M.**



**“I LIKE ANY FLOWERS!”
-JUDY C.**



**“MY FAVORITE FLOWER IS THE ROSE. ROSES HAVE DIFFERENT COLORS WITH DIFFERENT MEANINGS. RED=BEAUTY YELLOW =POSITIVITY ORANGE=ADMIRATION PURPLE=ENCHANTMENT AND WHITE=PURITY. TO ME ALL THOSE THINGS REPRESENT WHAT IT IS TO BE LOVED. “
-AMIE**



**“MY FAVORITE FLOWER IS A YELLOW ROSE, MY FAVORITE PLANTS ARE PEONIES”
-TAMMY H.**



PLANT LIFE!

WORD SEARCH

Find the words listed below and circle them.

L	S	P	O	L	L	E	N	Z	C	S	X	P	R
E	T	E	L	V	I	F	L	O	W	E	R	O	E
A	E	T	G	A	N	G	Y	V	M	I	S	L	P
V	M	A	M	S	N	R	O	U	P	L	E	L	R
E	M	L	G	P	R	T	Q	L	L	D	E	I	O
S	O	I	L	I	N	O	V	E	A	I	D	N	D
D	N	S	H	O	O	T	S	T	A	M	E	N	U
E	G	E	R	M	I	N	A	T	I	O	N	T	C
W	A	T	E	R	C	Y	C	L	I	F	E	E	E
P	H	O	T	O	S	Y	N	T	H	E	S	I	S

- SEED
- WATER
- ROOT
- POLLEN
- POLLINATE
- GERMINATION
- LEAVES
- PETAL
- STEM
- SHOOTS
- STAMEN
- PHOTOSYNTHESIS
- FLOWER
- PLANT
- LIFE
- SOIL
- REPRODUCE
- OVULE



BIRTHDAYS:

ZACHERY HEWARD 8/20
GRACE GROVE 8/20
SKYE SPERL 8/26
ALISHA BELL 8/29
ED BREWER 8/15
MARY BLUEMEL 8/30

UPCOMING EVENTS:

8/3 3:00 SATURDAY MUSIC IN THE HERITAGE ROOM
8/6 2:00 ROOT BEER FLOATS IN THE SECRET GARDEN
8/14 11:00 BREAKING BREAD IN THE GRAND DINING ROOM
8/16 11:30 PICNIC AT THE PARK
8/20 2:00 EIO BAND IN THE GRAND DINING ROOM
8/21 1:30 HERE AND NOW ART IN THE SUNROOM
8/27 11:00 BBQ IN THE SECRET GARDEN
8/28 5:00 COCKTAIL PARTY IN THE HERITAGE ROOM





**THANKS TO TAMMY AND KEVIN HOLSMAN, OUR MAINTENANCE DEPARTMENT,
FOR OUR OTHER BEAUTIFUL PLANTS AROUND OUR FACILITY!**



Staff Spotlight



THIS MONTH'S STAFF SPOTLIGHT IS ZACH HEWARD! WE WOULD LIKE TO GIVE ZACH A SHOUT FOR BEING KIND TO ALL AND CONSISTENT IN HIS WORK. ZACH HAS BEEN WITH US FOR 7 MONTHS AS OUR COLD PREP IN THE DIETARY DEPARTMENT. HE SAYS HE LOVES SERVING THE RESIDENTS AS IT GIVES HIM THE FEEDBACK OF ENJOYMENT. ZACH IS ORIGINALLY FROM MICHIGAN AND CAME HERE TO BE NEAR FAMILY, AND HE HAS BEEN IN PINEDALE FOR TWO YEARS THIS FALL. I ASKED HIM "WHAT IS ONE FUN FACT YOU WANT PEOPLE TO KNOW ABOUT YOU?" HE SAID "THAT I AM LUTHERAN!"

BY VANESSA BALSER

FFA DONATIONS

The Sublette Center would like to thank the following individuals and organizations for donations from this year's livestock auction:

Mike Schmid of SOS Well Services, Inc. for the purchase and donation of Brux Bailey's market swine.

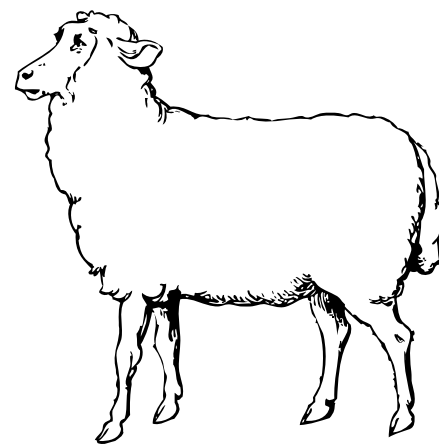
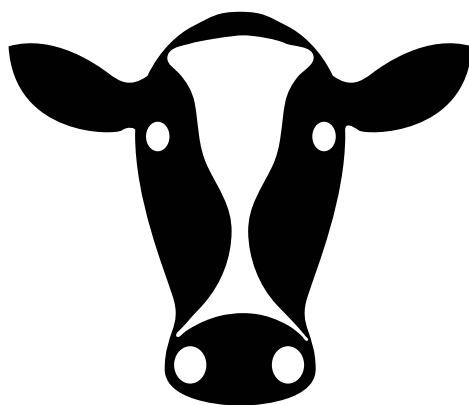
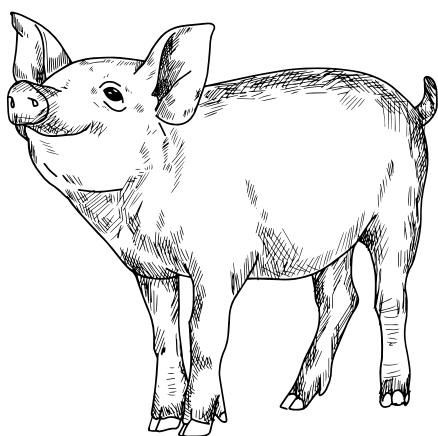
Annie & Gudrid Espenscheid of Espenscheid Enterprises for the purchase and donation of Clay Lozier's market swine.

Marilyn Jensen of Jensen Trucking for the purchase and donation of Josiah Pearce's market swine.

Jordan Kern of Pure West Energy for the purchase and donation of both Trevor Siems's market beef & Colter Siems's market beef.

Shawn Kautzsch of S Heart Ranch for the purchase and donation of Blake Mergle's market beef.

Blake Swift of Circle 9 Ranch-Boulder for the purchase and donation of Riley Root's market lamb.



SUBLETTE CENTER

RETIREMENT COMMUNITY



333 N. Bridger Ave
PO Box 788
Pinedale, WY 82941
(307) 367-4161

Sublette Center
Post Office Box 788
333 N Bridger Ave
Pinedale, WY 82941