

»» OCTOBER ISSUE ««

THE SUBLETTE INSIDER

Your Guide to What's Going on Inside The Sublette Center

TOP NEWS OF THE MONTH



RESIDENT'S RIGHTS
MONTH: THE POWER
OF MY VOICE



»» READ MORE

| OCTOBER IS RESIDENT'S RIGHTS MONTH! |
| WE DISCUSS THE ACCOMODATIONS WE |
| MAKE TO ENSURE OUR RESIDENTS HAVE |
| ACCESS TO THE CARE AND TREATMENT |
THEY WANT AND DESERVE!



IN THIS ISSUE:
RESIDENT'S RIGHTS: THE POWER OF MY VOICE
BIRTHDAYS
UPCOMING EVENTS
NEW FAMILY RESOURCE CENTER
HOMECOMING PARADE HIGHLIGHTS
+MORE!

Resident's Rights: The Power of My Voice!

OCTOBER IS RESIDENT'S RIGHTS MONTH! THIS ANNUAL EVENT IS DESIGNATED FOR ALL RESIDENTS LIVING IN A LONG TERM CARE FACILITY. AT THE SUBLETTE CENTER WE HAVE A FEW RESOURCES THAT HELP US ACHIEVE THE CARE THAT RESIDENTS WANT AND DESERVE. ULTIMATELY, WE WANT TO FOSTER AN ENVIROMENT BASED ON GOOD COMMUNICATION AND MAKING SURE INDIVIDUALS ARE SEEN, HEARD, AND VALIDATED IN THEIR NEEDS. HOW DO WE DO THIS?

WITHIN THE FIRST TWO WEEKS OF ADMISSION WE HAVE A CARE PLAN MEETING. THIS FIRST MEETING IS CRUCIAL TO DISCUSS THE PLAN OF CARE, AND TO ADDRESS ANY CONCERNS WITH THE INTERDISCIPLINARY TEAM, THE FAMILY AND RESIDENT. FOLLOW UP CARE PLAN MEETINGS OCCUR QUARTERLY THEREAFTER.

MONTHLY, APRIL ROSE, OUR ACTIVITIES DIRECTOR HOSTS RESIDENT COUNCIL MEETINGS. IN THESE MEETINGS, APRIL AND OUR RESIDENTS DISCUSS TWO RESIDENTS RIGHTS AND HOLD A DISCUSSION.

A FEW KEY RESIDENT'S RIGHTS:

RIGHT TO CARE

RESIDENTS HAVE THE RIGHT TO RECEIVE ADEQUATE CARE THAT IS FAIR AND FREE FROM DISCRIMINATION. THEY ALSO HAVE THE RIGHT TO DIRECT THEIR OWN CARE, INCLUDING ACCEPTING OR REFUSING CARE.

RIGHT TO PRIVACY

RESIDENTS HAVE THE RIGHT TO PRIVACY, INCLUDING THEIR PERSONAL HEALTH INFORMATION. THEY ALSO HAVE THE RIGHT TO NOT BE PHOTOGRAPHED WITHOUT THEIR CONSENT.

RIGHT TO MANAGE FINANCES

RESIDENTS HAVE THE RIGHT TO MANAGE THEIR OWN FINANCIAL AFFAIRS, UNLESS THEY GIVE WRITTEN AUTHORIZATION FOR A FACILITY TO DO SO.

RIGHT TO BE INFORMED

RESIDENTS HAVE THE RIGHT TO BE INFORMED OF ALL CHANGES IN THEIR MEDICAL CONDITION. THEY ALSO HAVE THE RIGHT TO BE NOTIFIED OF ANY TRANSFER OR DISCHARGE IN A TIMELY MANNER.

RIGHT TO REFUSE

RESIDENTS HAVE THE RIGHT TO REFUSE MEDICATION AND TREATMENT, AS WELL AS CHEMICAL AND PHYSICAL RESTRAINTS.

RIGHT TO REVIEW RECORDS

RESIDENTS HAVE THE RIGHT TO REVIEW THEIR MEDICAL RECORDS.



IF A RESIDENT IS UNABLE TO EXERCISE THEIR RIGHTS, A RELATIVE OR LEGAL REPRESENTATIVE MAY ACT ON THEIR BEHALF.



ULTIMATELY, WE AT THE SUBLETTE CENTER WOULD LIKE TO MAKE IT SIMPLE TO EFFECTIVELY COMMUNICATE ANY CONCERNS OR ASK QUESTIONS REGARDING YOU OR YOUR LOVED ONES CARE. WE ENCOURAGE FAMILIARITY BETWEEN FAMILIES, RESIDENTS AND STAFF. BELOW IS A LIST OF STAFF MEMBERS WHO MAY BE ABLE TO HELP YOU IN THEIR RESPECTIVE DEPARTMENTS:

DAWN WALKER -ADMINISTRATOR

SUBCENTER@SUBCTR.ORG

RHONDA EGLE - CHIEF FINANCIAL OFFICER

SCFINANCE@SUBCTR.ORG

ELIZABETH BEST - ACCOUNTING CLERK

SCACCTG@SUBCTR.ORG

VANESSA BALSER- ADMINISTRATIVE ASSISTANT

SCRECEPTION@SUBCTR.ORG

ASHLEE MERRIAM- MDS COORDINATOR

SCMDS@SUBCTR.ORG

VIKKI SEYMOUR - CERTIFIED DIETARY MANAGER

SCDIETARY@SUBCTR.ORG

APRIL ROSE - ACTIVITIES DIRECTOR

SCACTIVITY@SUBCTR.ORG

LARA HAYWARD- SOCIAL SERVICES/EVS

SOCIALSERVICES@SUBCTR.ORG

MARISSA MENDES- INFECTION PREVENTIONIST

SCINFCTRL@SUBCTR.ORG

AMANDA BINGHAM- MEDICAL RECORDS & TRANSPORTS

SCMEDREC@SUBCTR.ORG

KEVIN HOLSMAN- MAINTENANCE SUPERVISOR

SCMAINTENANCE@SUBCTR.ORG

PLEASE CALL (307)367-4161 AND YOU WILL BE DIRECTED TO THE APPROPRIATE STAFF MEMBER FOR YOUR NEEDS

Birthdays

LARA HAYWARD -10/02

KRISTEN WILLIAMS- 10/04

RHONDA EGLE-10/05

SHIRLEY JENSEN- 10/06

LARISSA GUERRERO- 10/14

ADAM RUSSELL-10/15

APRIL ROSE-10/15

DEANNA TOPPER-10/19

GLEN DAVIES-10/20

KELLY MCFARLAND-10/21



Upcoming

Events:

10/8-11:30: LUNCH AT

MARBLETON SENIOR CENTER

10/9-2:00: PUMPKIN PIE DIP

GDR

10/11-2:00: PAINTING

PUMPKINS

10/15-2:00: EIO BAND

10/16-1:30: HERE AND NOW

ART SR

10/22-2:00:PUMPKIN

CARVING

10/22-6:15: CHICAGO TAP

THEATRE AT THE SHEPPARD

AUDITORIUM

10/29-5:00: COCKTAIL

PARTY

10/31-3:30 COSTUMES AND

MEAL GDR

10/31-5:00 SAFE TRICK OR

TREAT



Autumn Wordsearch

S	A	S	P	D	B	F	G	C	E	A	H
C	S	Q	U	I	R	R	E	L	J	C	I
A	K	U	M	L	A	M	N	E	P	O	S
R	Y	A	P	W	K	V	H	A	U	R	T
E	Z	S	K	A	E	B	A	F	C	N	J
C	L	H	I	J	H	G	R	A	I	N	A
R	K	M	N	K	I	G	V	E	F	D	C
O	P	N	H	E	D	G	E	H	O	G	K
W	Q	S	R	T	U	X	S	W	Q	Y	E
C	H	E	S	T	N	U	T	A	D	Z	T

SQUIRREL

ACORN

PUMPKIN

LEAF

CHESTNUT

HARVEST

RAIN

HEDGEHOG

SCARECROW

RAKE

SQUASH

JACKET



New In Our Community: Family Resource Center

SUBLETTE COUNTY FAMILY RESOURCE CENTER COUNTY/STATE RESOURCES AND REFERRALS

TAKE A WALK DOWN THE HALL PAST SUBLETTE BOCES, YOU'LL FIND THE SUBLETTE COUNTY FAMILY RESOURCE CENTER (FRC) IN ROOM 108. MADE POSSIBLE BY A GRANT FROM THE WYOMING CHILDREN'S TRUST FUND THIS PAST SPRING, THE FRC'S MISSION IS TO SUPPORT AND STRENGTHEN WYOMING FAMILIES, INDIVIDUALS AND COMMUNITIES BY PROVIDING ON-SITE RESOURCES AND REFERRALS, PROGRAMS, SERVICES, ACTIVITIES AND CLASSES SO THAT THOSE SEEKING HELP ONLY NEED TO MAKE ONE TRIP TO SOLVE SEVERAL PROBLEMS.

WYOMING COMMUNITIES HAVE LACKED A COORDINATED HUMAN SERVICES SYSTEM. SILOED SERVICES, AGENCY DUPLICATION AND GAPS IN DATA SHARING CREATE BARRIERS FOR WYOMING RESIDENTS. FAMILY RESOURCE CENTERS ADDRESS THESE BARRIERS. YOU CAN FIND WYOMING FAMILY RESOURCE CENTERS ALL ACROSS WYOMING, EACH CENTER ADJUSTING TO THE UNIQUE NEEDS OF ITS COMMUNITY.

THE SUBLETTE COUNTY FAMILY RESOURCE CENTER IS ADAPTING TO MEET THE NEEDS OF OUR COUNTY BY WORKING CLOSELY WITH INDIVIDUALS AND FAMILIES. AT THE FRC, YOU WILL FIND A FRIENDLY FACE AND AN EXTENSIVE LIST OF AGENCIES AND ORGANIZATIONS THAT OFFER AID AND INFORMATION TO HELP IN TIMES OF CONCERN. YOU CAN ALSO FIND HELP FILLING OUT PAPERWORK AND ONLINE APPLICATIONS. IN OFFICE, THE FRC PROVIDES WINTER WEATHER BAGS, HYGIENE KITS, AND DONATED CLOTHING TO THOSE WHO ARE IN NEED. ADDITIONALLY, THE FRC HOSTS BI-WEEKLY ZOOM EDUCATIONAL LUNCHES SPONSORED BY THE UNIVERSITY OF WYOMING'S INSTITUTE FOR DISABILITIES THAT COVER A NEW TOPIC EVERY MEETUP.

THE SUBLETTE COUNTY FAMILY RESOURCE CENTER IS OPEN MONDAY THROUGH THURSDAY FROM 7AM TO 12PM WITH APPOINTMENTS AVAILABLE AFTER HOURS UPON REQUEST AT (307)

231-7953.



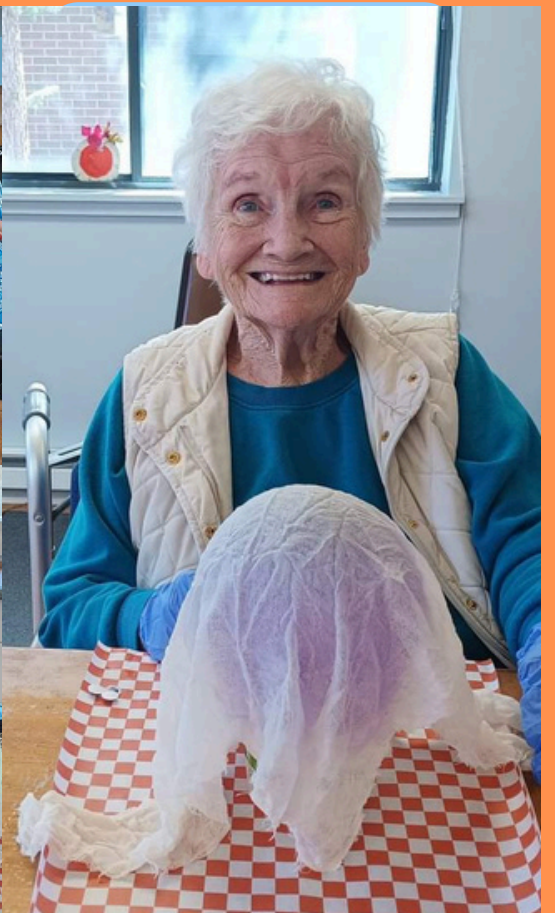
GO BIG GREEN



RESIDENTS AND STAFF ENJOY PHS HOMECOMING PARADE



ACTIVITY HIGHLIGHTS:
PUMPKIN DIP &
MAKING GHOSTS!



**TRICK
OR
TREAT**



HALLOWEEN

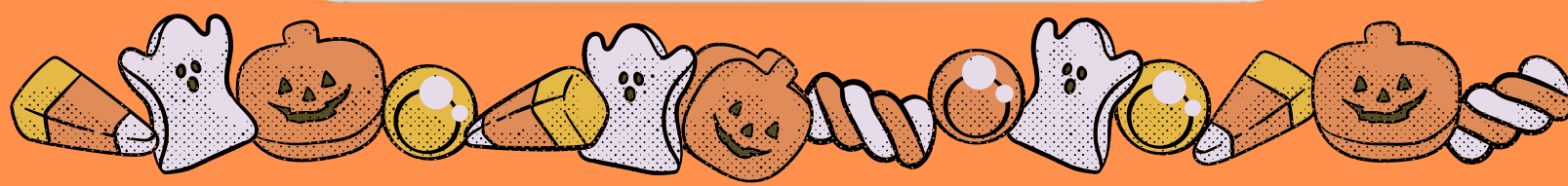
Sublette Center is now taking

DONATIONS

for our 33rd Annual Safe Trick or Treat Nite
Thursday, October 31, 2024
from 5:00 - 6:30 pm

Stop by or call 307-367-4161 to donate
333 Bridger Ave. Pinedale

Your help is needed and greatly appreciated!



SERVICE ANNIVERSARIES



WE'D LIKE TO THANK THE STUDENT NURSE ASSOCIATION WITH WESTERN WYOMING COMMUNITY COLLEGE FOR THE GENEROUS DONATION OF HOMEMADE CLOTHING PROTECTORS.



JAMES SCHROECK-12 YEARS



APRIL ROGERS- 12 YEARS



ADDISON CUMMINGS -4 YEARS



THANK YOU ALL FOR YOUR YEARS OF SERVICE!

RETIREMENT COMMUNITY
SUBLETTE CENTER



SUBLETTE CENTER
PO BOX 788
PINEDALE WY 82941